

DISTRESS CALL on CH 16

Boat Name	
Call Sign	
MMSI No.	

For DSC radios:

- Press **DISTRESS** button once, select distress type (if time)
- Press **DISTRESS** button and **HOLD** for 5 seconds until the acoustic alarm stops.

For all radios:

- Switch your VHF to Channel 16 at High Power
- Press the transmit button; then say slowly and clearly:

MAYDAY MAYDAY MAYDAY

- This is.....boat name, repeat three times
- MAYDAY, this isboat name, once
- My position islatitude and longitude; or give true bearing and distance from a known point.
- > Say I require immediate assistance
- State nature of distress and type of assistance required: vessel or person in grave danger e.g. sinking, fire, man overboard etc.
- State number of people on board
- Provide any other information that could assist rescuers
-OVER.

LISTEN for instruction from the rescue co-ordinator. A MAYDAY signal imposes a general radio silence for all other vessels, and should be cancelled immediately the situation permits.

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