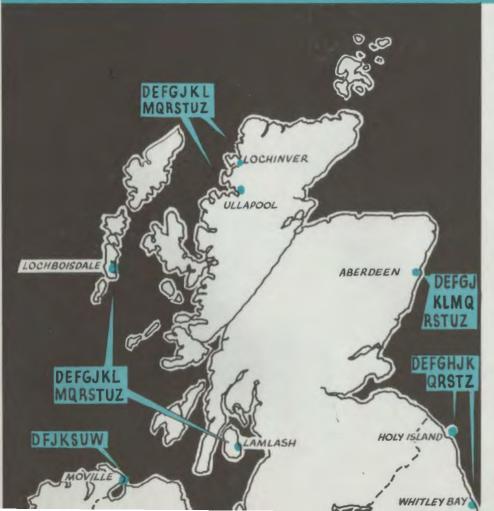
WEEKEND SPORTS CLINIC

ANGLES ON

FISHING THE COAST OF BRITAIN



This round-Britain guide will show you at a glance what sort of fish you can catch in any locality. The key to the map is below.

Bass

Bream, black

Bream, red
Bull-huss

Coalfish

Cod

Conger

l Dab

Dog fish, lesser-spotted

K Spur-dog L Haddock

M Hake

M Halibut

Ling

P Monkfish

Plaice Pollack

Pouting

T Skate, thornback

Skate, common

W Tobe

Tunny

Y Turbot

Z Whiting

All the towns marked on these two maps are good centres for





ANGLES ON SEA ANGLING

CAPTAIN S. NORTON-BRACY

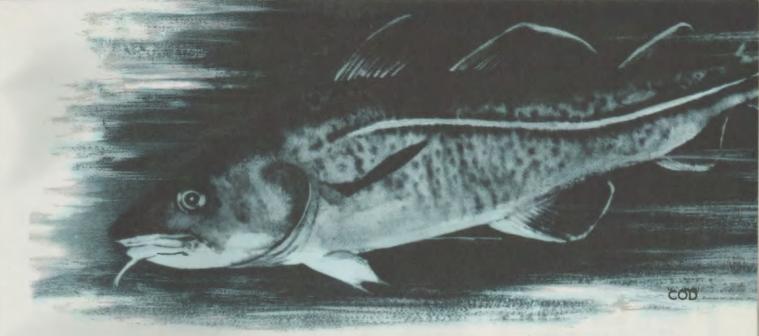
Weekend's angling expert is one of the most knowledgeable men in the fishing world. He has been an angler since boyhood and he is an expert at practically every kind of fishing there is all over the world—from roach-fishing in the Lincolnshire fens, to sharking in the Pacific, salmon-fishing in Iceland, or wreck-fishing for conger eels off Dover.

He is especially interested in sea angling, and he won the European sea angling championships when they were held at Stavanger in Norway in 1962. He is chairman of the European Federation of Sea Anglers, a body which looks after the interests of anglers in 17 countries. He is also an international representative for the British Isles to the world's largest angling body the International Game Fish Association, which has its headquarters in Miami, Florida.



C Associated Newspapers Ltd., 1963

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THE LURE OF SALT WATER FISHING NE of the great beauties of sea fishing is its complete lack of any formality and red tape. You don't have to bother your head about rod licences, fishery officers, or getting permission from anyone before you start.

There are no close seasons for sea angling. You can fish when you like and pretty nearly anywhere you like.

Another reason why sea fishing has such a fascination for anglers like Sydney Norton-Bracy, is the tremendous variety of the fish. The best most coarse fishermen can hope for is a tussle with a 40 lb. or 50 lb. pike. At sea you can go fishing for flatfish for the pot—or tope, if you feel like having a go at a member of the shark family. Or you may even land up with a 200 lb. skate on the end of your line.

What to put on your hook

FOR going after conger, tope, or skate, a whole side of fresh mackerel or herring is the sort of bait Captain Norton-Bracy uses. For smaller fish, use strips of mackerel or herring, or there are plenty of baits you can find along the sea shore. Here are a few

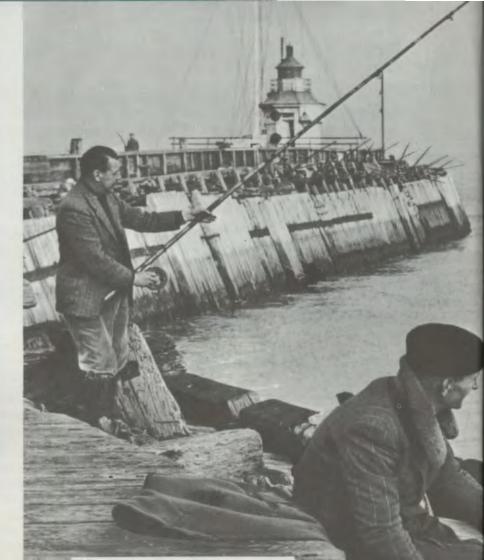
SHORE CRABS: Soft crabs are best. Find them among the weed in pools or on the rocks. Strip off legs and shell if it is not soft. Good for almost any fish.

PRAWNS: Live in rock pools. Good for spinning for bass. Can be fished alive or dead. For most fish.

SAND-EELS: Silvery with a green back. Scrape them from the sandy ridges along the low-tide line. Good livebait for pollack, bass, mackerel, flounders.

LUGWORMS: Dig them from sandy or muddy beaches. They throw up casts. For flatfish, bass, codling and whiting.

MUSSELS: Pick them off rocks or breakwaters. For flatfish, whiting, cod.



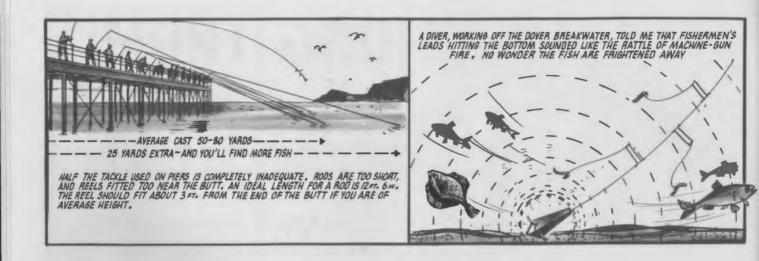
FISHING FROM PIER and BEACH

Skill in casting can help to improve your 'luck' when there are other anglers about



WHEN you are fishing from a pier, or from a beach where there are a lot of other anglers, the farther out you can cast, the more likely you are to catch fish. The continual bump of weights hitting the bottom, close in to the pier, and the jangling of paternoster booms, are enough to scare away any worthwhile fish. So try to outcast all the other anglers.

There is no doubt that most beach or pier fishermen could, with the right equipment, increase their casting distance by 25 per cent. What you need is better stance, and this calls for correctly-balanced tackle. With multiplyer or



fixed-spool reels, anyone can reach a minimum of 100 yards. You will find heavy rods tiring: the ideal is a glass-fibre rod of 12 feet to 13 feet. The line should be 16 lb. to 27 lb. breaking-strain nylon. A 4 oz. weight is heavy enough to take the line out without causing it to over-run.

When you get a "bird's-nest," the reel is revolving faster than the line is running out and the result is a tangle. How does it happen? The most frequent mistake when casting is to use too much effort. A smooth 180-degree cast is enough to get your weight to its maximum distance without the worry of an over-run. Make sure that

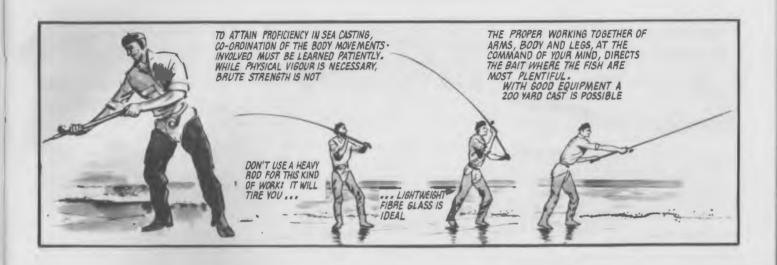
the line is free from knots and the spool is filled to capacity. Keep these rules—and you will *still* occasionally face the "bird's-nest" nightmare. But not so often.

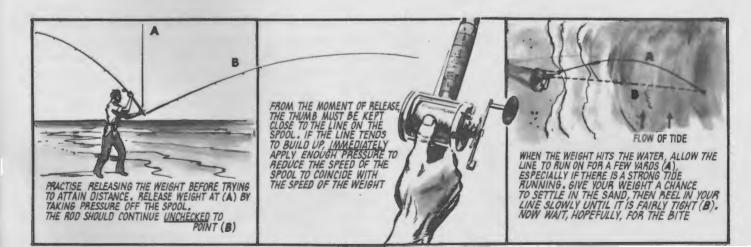
Where can you find fish along the beach? Look for the places where there are ample

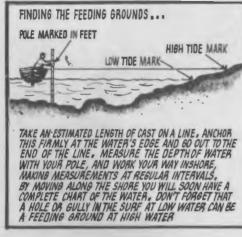
supplies of food.

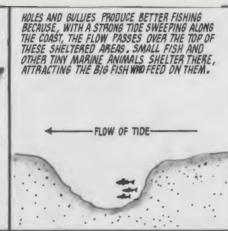
Holes and gullies in the sea-bed provide fish with well-stocked larders. With long-distance casting, many new feeding places are now within reach of anglers.

The way to find them is to make your own chart of the sea-bed. Anglers using this system











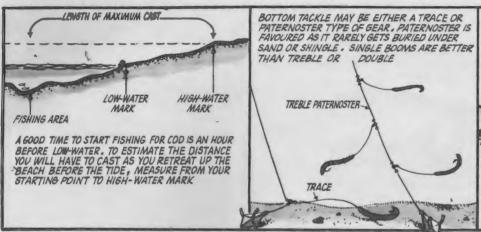


TACKLE: 12 FT. FIBRE-GLASS
ROD., WITH T RINGS,
INCLUDING THE LARGE ONE ON
THE BOTTOM JOINT. BUTT
SHOULD BE FROM 3½ 104FT.
WITH MULTIPLYER REEL
FITTED 3 FT. FROM
BUTT END

ALTHOUGH IT IS EASY TO GET YOUR BAIT OUT TO THE FEEDING GROUNDS AT LOW WATER, LONG - DISTANCE CASTING WILL BE NEEDED AS THE TIDE COMES IN. THE FEEDING GROUNDS OF THE COD ARE IN GULLIES

BELOW LOW-WATER MARK.
THEY WORK THEIR WAY ALONG THESE IN SEARCH OF FOOD





OTHER ANGLERS WILL OFTEN TELL YOU WHERE TO FIND GULLIES. BUT THEY MAY BE FOUND BY TRYING A FEW CASTS FOR YOUR SELF. IF YOU DO NOT GET A BUTE, TRY FURTHER OUT, OR A LITTLE CLOSER TO SHORE. UNLES YOU ARE FISHING DIRECTLY INTO A GUILLY, YOUR CHANCES OF GETTING COD ARE POOR

RESISTANCE ON THE LINE AS YOU DRAW IT OVER THE BANK USUALLY TELLS YOU WHEN YOU HAVE FOUND A GULLY-CE RUT YOU WILL DROBARLY HAVE TO EISU

BUT YOU WILL PROBABLY HAVE TO FISH THROUGH AREAS 'A' AND 'B' BEFORE STRIKING IT LUCKY

COD

have in one day taken out hauls of cod weighing more than 100 lb. The illustration shows you how to make your own map of the sea-bed with little effort.

COD

THERE are plenty of cod in the sea—let's go after them. While the peak time for cod is between October and March, I took the biggest cod I ever caught in April. It weighed 28 lb. And that was at Looe in Cornwall—much farther south



WHEN you go boat fishing, remember that the Ministry of Transport safety regulations do not apply to boats under 15 tons and which do not carry more than 12 passengers. So check that the boatman has adequate life-soving equipment aboard



SHIFTING SAND OR SHINGLE WILL SOMETIMES COVER YOUR LINE. NEVER TRY TO BREAK IT FREE BY JERKING THE ROD. WRAP THE LINE AROUND YOUR HAND—USING A PIECE OF CLOTH AS PROTECTION—AND WALK SLOWLY AWAY WITH IT. THE LINE WILL THEN USUALLY COME FREE WHEN A COD HAS BEEN HOOKED AND PLAYED UNTIL IT IS TIRED, START BRINGING THE FISH IN THROUGH THE WAYES AS THEY ROLL SHOREWARDS. IMMEDIATELY A WAYE BREAKS AND THE WATER STARTS TO RUN BACK, STOP REELING UNTIL THE NEXT WAYE COMES IN





IF YOU HOOK A BIG FISH WHEN YOU ARE ALONE, HOLD THE TIP OF THE ROD AS HIGH AS POSSIBLE WHEN THE FISH IS SWEPT IN WITH THE WAVES. AS THE WATER RETREATS, FOLLOW IT DOWN THE BEACH AND GAFF QUICKLY, USING A LONG-HANDLED GAFF

COD

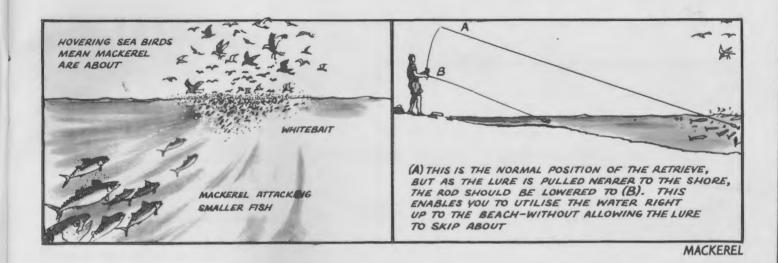
LANDING A FISH

FOR boat-work or fishing from a beach, a gaff is useful—and often essential—for landing your catch. Otherwise you might lose your fish in hauling it up the side of a boat, or in the undertow of a strong surf.

For fishing from piers, however, unless you have a gaff with a long enough handle, a landing net on a line is better. leave their northern feeding grounds and gather in great numbers down the East Coast, right round to Eastbourne in the south. Two particularly good places for cod fishing are Deal and Dungeness, both in Kent.

When fishing an area with a strong flowing tide, it is essential to keep your bait in position once it has been cast—otherwise you will get black looks from your neighbour as you drag his tackle ashore.

A light nylon line with a streamlined weight attached to it is often sufficient to hold against the tide. If it is not, add a weight with spikes to



act as an anchor. A wire boom will stop bait tangling with the weight. I think a single boom is enough.

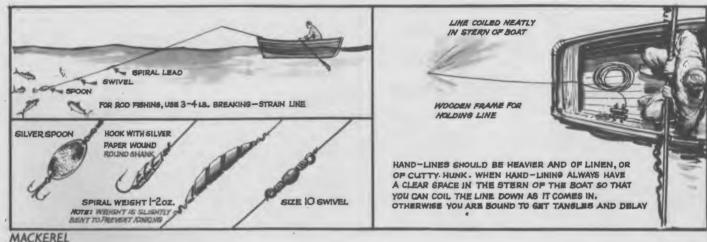
Angling would not be such a fascinating sport if it did not have so many problems. The challenge is the attraction. For example, when a heavy surf is pounding the beach, it requires skill to land a big cod. Every effort should be made to tire out the fish before attempting to bring it through the waves. Watch out that the undertow does not carry it back.

And if possible, try to have a second person standing by to gaff the fish once it is on the beach.

MACKEREL

FOR the late holiday-maker, fishing from the beach or pier for mackerel can be good fun. These fish can be detected by the disturbed surface of the water as they pursue their prey, small fish like whitebait, and by the sea birds which hover overhead.

The best tackle? First, a rod capable of casting a small lure 30 to 40 yards off-shore. A trout rod is excellent. Then you need a small fixed-spool reel and weighted lure of a couple of ounces. Mackerel are attracted by spinners or silver-spoons—or any brightly-coloured lures.





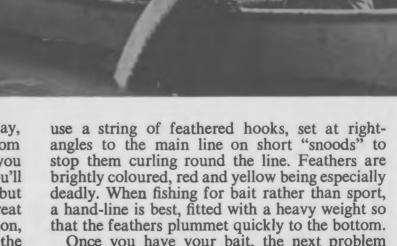


FISHING FROM BOATS

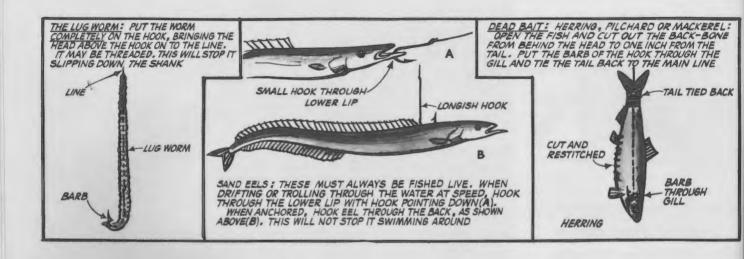
When catching a big fish like this, fresh bait is often essential — and one good bait is mackerel

If you find yourself near the sea on a fine day, why not have a go at mackerel fishing from either a rowing boat or motor boat? If you don't have a rod, try a hand-line — you'll probably get a bigger catch anyway — but mackerel fishing with a light spinning rod is great sport. For bait use either a spinner, silver spoon, or hook with silver paper wrapped round the shank. Don't row too fast — try to make the lure look like a small fish darting along.

The deep-sea angler is mainly interested in catching mackerel for use as fresh bait, for bigger fish. To catch as many as possible quickly,



Once you have your bait, the next problem is presenting it in the most alluring way. It is essential to make the bait appear as lively as possible. This will greatly improve your chances of getting a bite. When food is scarce, the size of your bait makes little difference. But at other



times it is best to tempt fish with large pieces of bait.

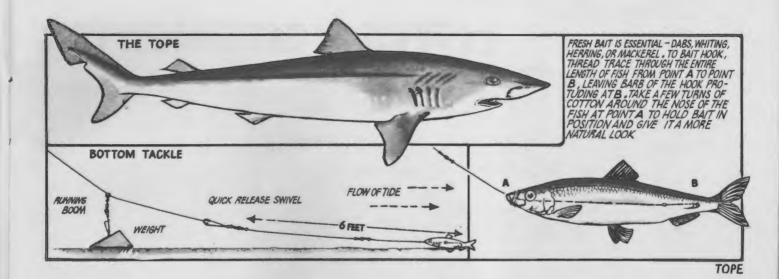
TOPE

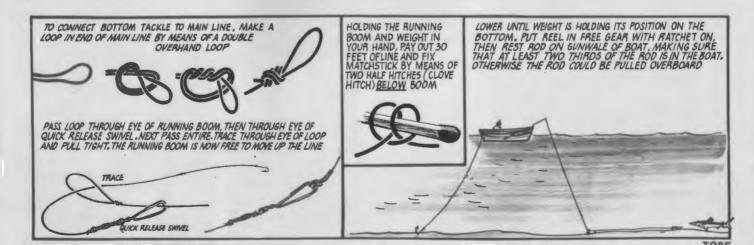
JUNE is a good month for boat fishing for tope. The tope is a roamer which prefers feeding on sandy bottoms. Hunstanton, in Norfolk, the South-East coast from Ramsgate to the Isle of Wight, and the North Wales coast are all good areas. The best tope fishing is usually found a few hundred yards off shore. Best tackle is a light glass rod, a multiplyer reel, with a 20 lb. breaking-strain line.

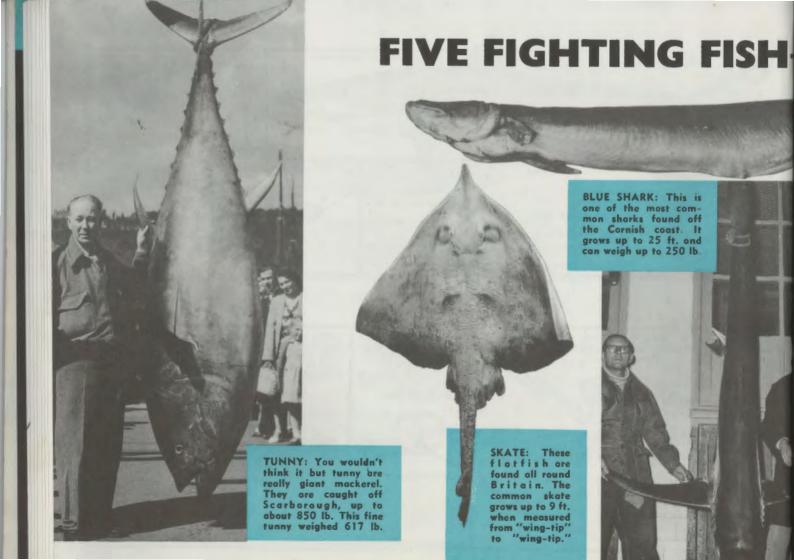
You have more chance of catching a big fish if you present your bait in a life-like way. The slightest drag of a weight will often make the tope drop the bait. To avoid this, the running boom is moved up the line about 30 ft. and a matchstick is made fast below the boom, as in the illustration. This allows the bait to work freely in the tide and, with your reel out of gear, there is no resistance when a fish takes the bait.

When hunting for food, tope more often than not work their way along gullies where smaller fish shelter from the run of the tide. They

Turn to Page 21







-AND ONE FOR THE POT

The turbot can give you quite a tussle, and it's good to eat, too!

CONGER: This fighting eel likes to haunt wrecks and rocks. One of 160 lb. has been reported, but 70 lb. is good.

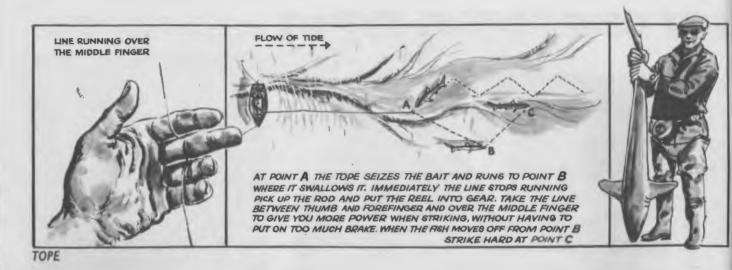
TURBOT: A tasty flatfish, found mainly off the west and south coasts. It likes shallow water, and it grows up to 25 lb. or 30 lb.

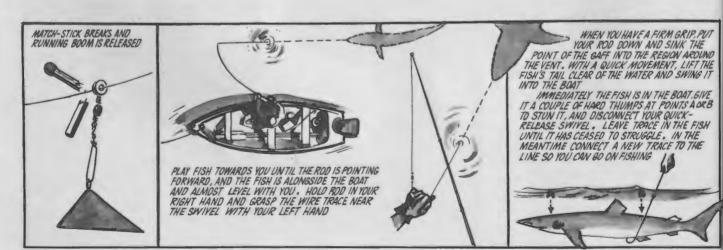
FOR FRESHMEN...

It's the most up-to-date guide on fresh water angling...get Angles on Fresh Water Angling, by Captain S. Norton-Bracy, a companion book to this one. Price 2s. 6d., from all newsagents and booksellers.

TOPE: It fights like a shark and, in fact, it comes from the some family as the blue shark. A good tope is around 40 lb., but they have been caught over 70 lb.









POLLACK

Continued from Page 16

invariably grab their prey — or your bait—across the back and swim with it in this position for up to 100 yards.

On this run, allow the tope to take the line freely. In fact, it is better not to touch the rod until the run ceases. During this pause, the fish swallows the bait and then is off in search of more. When you strike, don't apply too much pressure with the reel "drag."

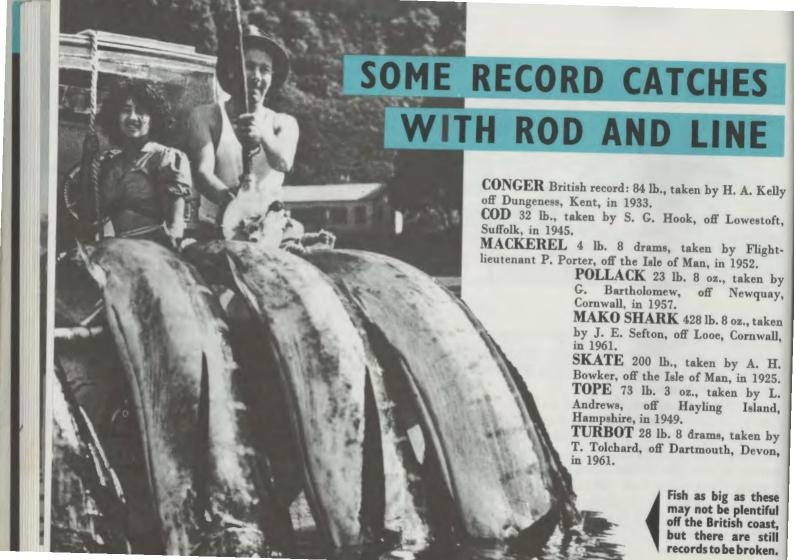
At the moment of striking, the matchstick retaining the running boom will break, allowing it to slip down to the swivel. Never try to bring the fish to the gaff too quickly. Allow it to run,

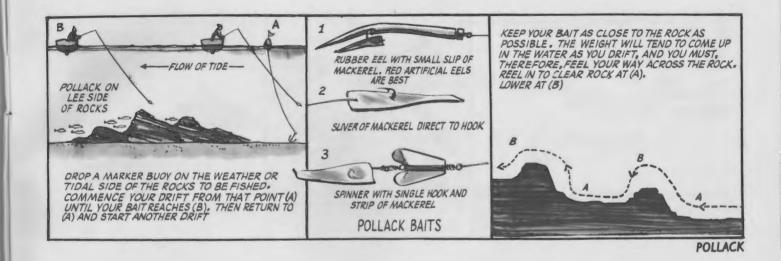
keeping sufficient pressure on the line to tire it out. More fish are lost when gaffing than at any other time. It helps to have an old leather glove handy to slip on before grasping the trace.

POLLACK

THE pollack is a fine fighting fish. It is nearly always found in rocky areas, especially in Scotland and South-West England. Fowey, in Cornwall, is a well-known area for pollack. Off Dodman Point, many 15 lb. to 20 lb. fish are taken every year.

A few fish are taken from anchored boats, but





it is far better to go after them in a drifting boat. For pollack are naturally cautious fish, and they

are only interested in moving bait.

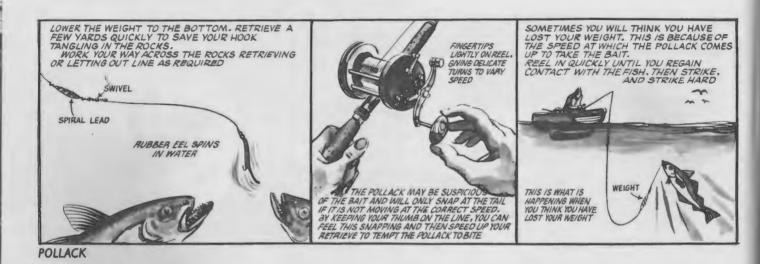
Although pollack prefer sand eels to other bait, there are several ways of attracting the fish to your hook when sand eels are not available — with artificial eels, slivers of mackerel or spinners. It is, however, essential, to use light tackle for pollack fishing—with never more than one hook. The art of catching these fish is to work your bait exactly as if it were alive.

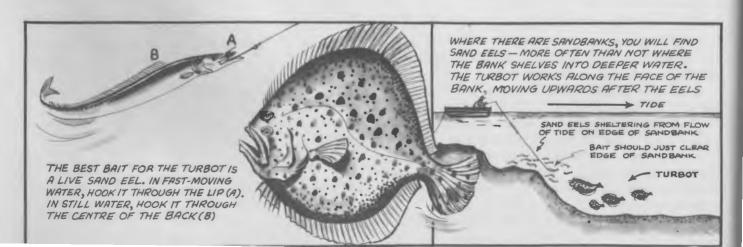
Drift-fishing for pollack is excellent sport. You relax in your boat while it drifts slowly over the

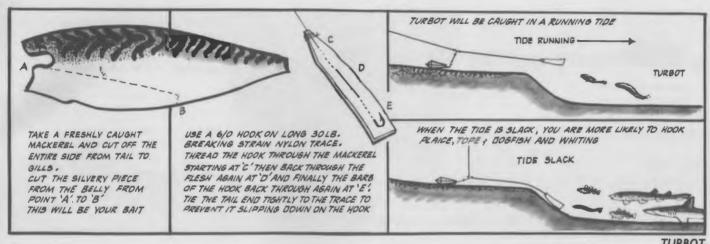
heavy rock formations on which the fish are found. When using artificial eels, I prefer a red one, attached to a 10-foot trace. However, it is a matter of choice. Some anglers think black or green rubber eels are best. The trace, in turn, is attached by a swivel to the main line. And a spiral weight is placed above the swivel.

TURBOT

ONE of the most sought after fish in our waters is the turbot. Indeed, it is the only really big flatfish caught in any numbers round our shores. They are normally found around sand banks, and





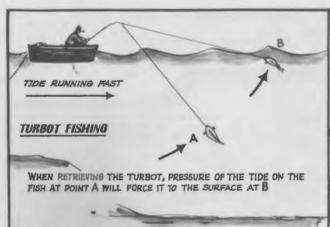


TURBO1

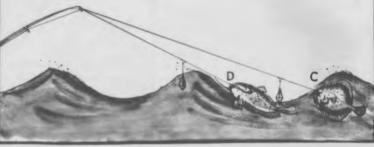
are at their best from spring to autumn. Two renowned turbot grounds are the Varne banks, off Dover, and the Shambles, off the Dorset coast. The Varne is heavily trawled by both British and French vessels, but, despite this, anglers still manage to catch great numbers of these fish.

Sand eels make fine bait for turbot. But if you can't get sand eels, it is possible to catch turbot with strips of mackerel, cut to resemble an eel. In a running tide, this bait is just as tempting as an eel if fished correctly. During slack water, however, when fish of all descriptions are nosing around, you may not get turbot. It is more than





WATCH THE WAVE MOVEMENT CAREFULLY. RETRIEVE ONLY WHEN THE FISH IS ON THE FACE OF THE WAVE TOWARDS YOU, C. IMMEDIATELY THE WATER MOVEMENT BRINGS THE TURBOT INTO THE TROUGH, D., STOP RELLING IN AND WAIT UNTIL THE FISH IS AGAIN IN POSITION C. THIS METHOD WILL ENABLE YOU TO BRING THE TURBOT IN WITH THE MINIMUM RISK OF YOUR LINE SNAPPING



TURBOT

likely that your bait will be taken by plaice, tope,

dog-fish or whiting.

With a flatfish as big as turbot, [it grows up to 30 lb. or more], it is difficult, in a strong tide, to bring it alongside the boat for gaffing. The strength of the flow may bring it to the surface some distance astern of the boat. Then, because of water pressure on the wide expanse of its body, you will find it difficult to bring it nearer. In a calm sea, it is not too hard to work the turbot along the surface. But when there is any kind of a lop on the sea, you must take care in retrieving your line.

CONGER

THESE are probably the most vicious fish found in British waters. They are immensely powerful and can do severe damage to both tackle and the angler, unless handled with extreme care.

Conger are usually found among rocks or in wrecks. They appear to feed on anything, whether it is fresh or stale. The best baits, however, are mackerel, pilchard, herring, black bream, pout and squid heads.

For conger fishing, a fairly heavy rod capable of taking 100 to 150 yards of 50 lb. to 80 lb.

CONGER: NEVER USE AN ANCHOR WHEN WRECK-FISHING — YOU WILL PROBABLY LOSE IT. USE EITHER BAGS OF SHINGLE, HEAVY ROCKS OR A GRAPNEL. THE GRAPNEL IS EASY AND CHEAP TO MAKE, AND WILL BE NO GREAT LOSS IF YOU DO LOSE IT?

GRAPNEL: THREE BENT SOFT-IRON BARS WELDED TOGETHER, WITH A RING AT THE TOP

> ON BRAPNEL, THE HOOK WILL BEND AND PULL FREE

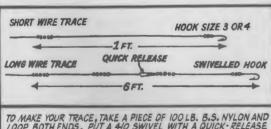




DO NOT TRY TO CATCH CONGER UNLESS YOU ARE DIRECTLY OVER A WRECK. THEY LIVE INSIDE THE WRECKAGE, AND ONLY VENTURE OUT TO GRAB PREY LOCATE YOUR WRECK, AND ARRIVE THERE ONE HOUR BEFORE THE TIDE EASES. DROP THE GRAPNEL 100 YARDS UPSTREAM AT 'A'. ALLOW THE BOAT TO DRIFT UNTIL THE GRAPNEL CATCHES('B'). WAIT UNTIL THE TIDE SLACKENS ENOUGH FOR YOU TO HAUL THE BOAT IN ON THE CABLE TO 'C', YOU CAN NOW FISH DIRECTLY INTO THE WRECKAGE



CONGER



TO MAKE YOUR TRACE, TAKE A PIECE OF 100 LB. B.S. NYLON AND LOOP BOTH ENDS. PUT A 4/O SWIVEL WITH A QUICK-RELEASE ON THE OTHER, PLACE A SINGLE TRACE BOOM ON YOUR MAIN LINE BEFORE MAKING THE LINE FAST TO THE SWIVEL ON THE NYLON TRACE, CONNECT THE SHORT WIRE TRACE TO THE QUICK-RELEASE SWIVEL

HEAVY 100 LB B.S. NYLON

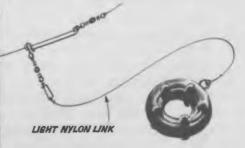
TRACE BOOM

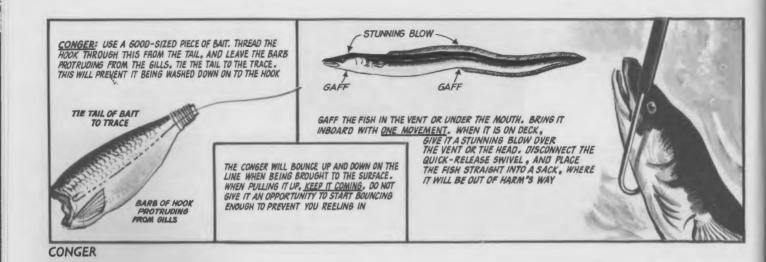
SWIVELLED HOOK

QUICK-RELEASE SWIVEL



YOUR WEIGHT WILL OFTEN BE CAUGHT IN WRECKAGE. THEREFORE, INSTEAD OF ATTACHING YOUR WEIGHT BY THE LINK, TIE THE WEIGHT TO THE LINK WITH A LIGHT PIECE OF NYLON WHICH WILL BREAK EASILY IF THE WEIGHT IS SNAGGED. THIS WILL SAVE THE LOSS OF BOTTOM TACKLE AND CONGER





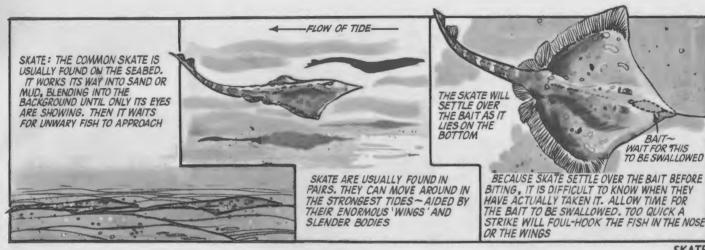
breaking-strain nylon line is essential. Unlike many fish, the conger does not swim around in mid-water, it glides along the bottom. When hooked, it dives into the nearest hole. This means your bottom tackle must be sturdy enough to withstand jagged wreckage and the conger's teeth. I prefer a heavy nylon trace, to which I fix a one-foot wire trace, but many anglers use wire traces at least six feet long.

When the conger takes your bait, you will feel heavy thumps on the line. This is the conger shaking its head about. Do not strike at once, but let it get the bait well into its mouth. Strike when

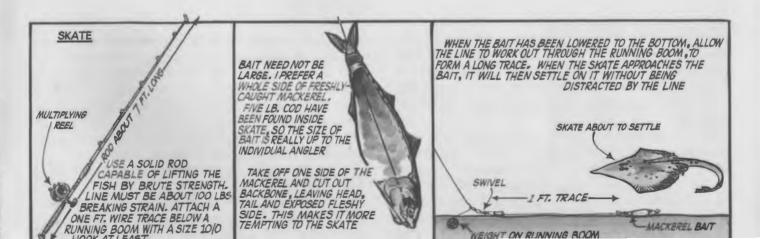
the line tightens, a sign that the conger is moving away. When the strike is made make sure the fish has no slack line. Otherwise, it will dive straight for its lair and may even twine its tail round wreckage. If this happens, don't try to force it out. Wait until you feel movement, then try to ease it out. But handle with care!

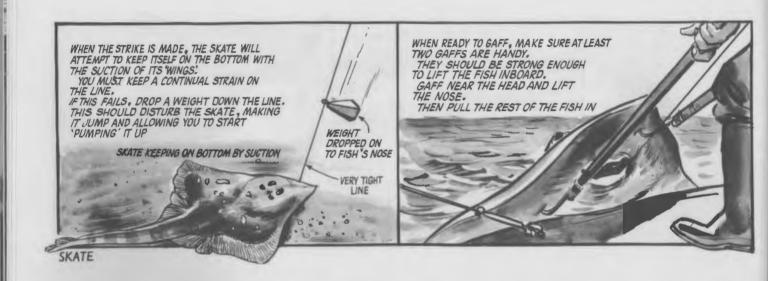
SKATE

AT the risk of being accused of stating the obvious, let me begin by saying that there are skate—and skate. What is called the common skate is not, in fact, the most common skate found in British waters. The thornback is the



SKATE





most plentiful and usually weighs between 12 lb. and 14 lb. But anglers have landed common skate weighing up to 336 lb. You can catch these monsters round the south-west coast, right the way up to the north of Scotland and all round Ireland.

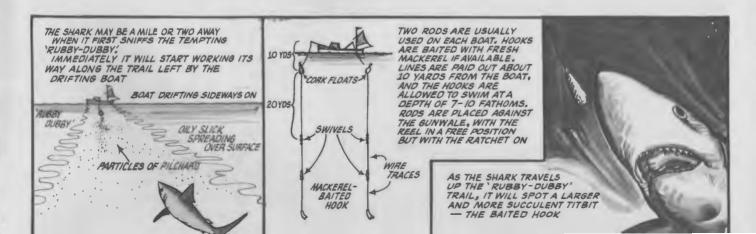
When fishing for skate, remember that only the heaviest tackle will do to "pump" the really big fellows to the surface. In my opinion, a tackle harness is a "must," too, although I have heard of tough anglers who have landed large skate without this aid. All I say is jolly good luck to them. I certainly wouldn't be too keen on trying

it. Skate fishing is only for anglers with very strong constitutions. The weak man will be flat out in the bottom of the boat long before he has got a 200-pounder to the surface. There is little fight in the fish immediately it leaves the bottom, but once it nears the surface the amount of "pumping" you will have to do will leave you limp for an hour or more after.

SHARK

BIG-GAME fishing may sound exotic, but you don't have to travel far to find it—or the next best thing. For in this country you can try a close







approach to big-game fishing — shark fishing off the coast of Devon and Cornwall.

Three types of shark lurk off Cornish shores—blue, porbeagle and mako, which in our waters have been caught up to 428½ lb. But the most common is the blue. More than 5,000 are caught off the shark-infested coasts of Britain every year. It sounds thrilling, but there is little danger in shark-fishing in our waters.

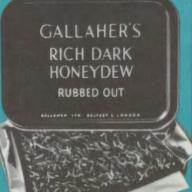
To attract a shark to your bait you use "rubby-dubby"—a close-mesh net of mashed pilchards. Your boat will drift at two to four knots with the wind and the "rubby-dubby," hanging over the

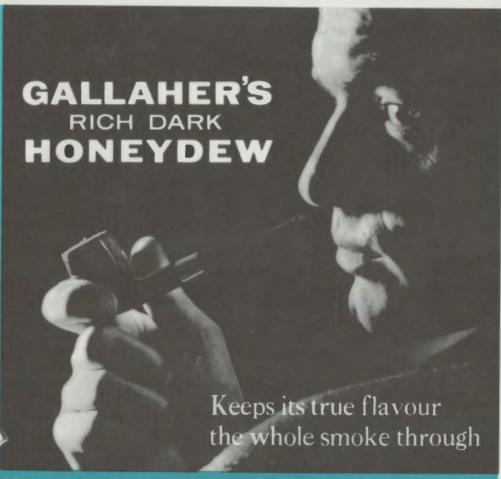
side, will leave an oily slick on the surface. At the same time, a trail of tiny pieces of pilchard will be drifting through the water.

When the bait has been taken, make no effort to strike the shark. It will usually grab the bait, then make a run with it before stopping to swallow. Once the reel stops revolving, pick up the rod and hook it to your harness.

When the shark starts its second run, strike upwards as hard as you can. But you must be certain that there is not too much strain on the "drag" mechanism of the reel. The illustrations show how you "pump" the shark in.

Rich Dark Honeydew is a rare tobacco—it tastes the same the whole smoke through. Rich but never heavy. Cool but never dull. Its constancy is the result of careful, balanced blending; using only the finest matured Virginia tobaccos. Cool, slow burning Rich Dark Honeydew is blended to please the true pipe-man's palate. Try an ounce and see how it suits you.





5/10 PER OUNCE

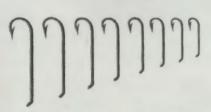
11/7 PER 2 OUNCES

HOOK, LINE and SINKER

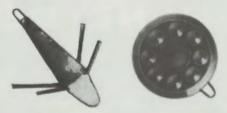
If you're going sea angling, it helps to have the right tackle for the job . . .



SPIRAL (left) and torpedo leads (right) are both useful. The rubber sand eel (centre) is a good lure for pollack. In various colours.



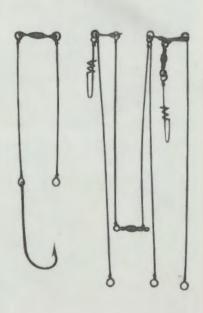
HOOKS come in many different sizes and with long or short shonks. Long shanked hooks ore best for flatfish and whiting.



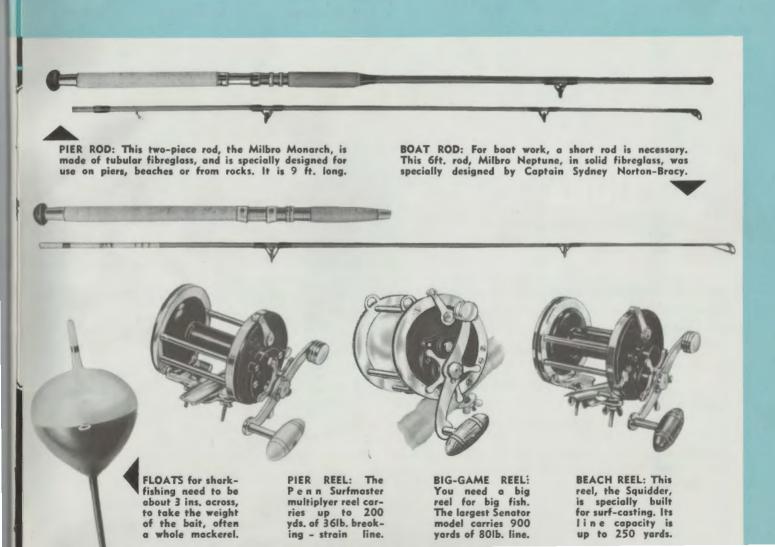
ANCHOR leads, with the wire prongs, and the round "grip" leads are to hold the bottom in strong tides and currents.

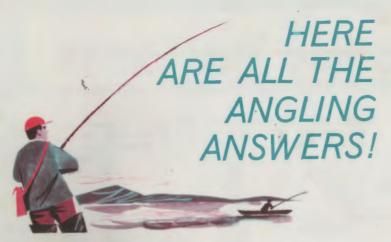


SWIVELS (left) are necessary to prevent the line from twisting and kinking. Right, trace boom.



TRACE for tope or conger (left) is of 12-in. wire with Size 7/0 hook. Right, stainless steel spreader with three 9-in. booms.





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